

General information

For examination of STD (Sexually Transmitted Disease), you have been referred to Medical Laboratory Services. In this folder, you will find instructions for the collection of the sample for your STD test.

Purpose of the investigation

The purpose of STD-test is to examine (as a precautionary measure) for a Sexually Transmitted Disease (STD). You can contract an STD after having (unsafe) sex. Testing for this provides insight into the nature and presence of disease-causing bacteria/parasites/viruses that are associated with STDs. These bacteria/parasites can be found in urine, a vaginal swab and an anus/rectal swab.

The chance of finding these bacteria/parasites is greatest in the first stream of urine. This is the first stream of urine that is urinated. In women a vaginal swab is preferred. With a vagina or anus/rectum swab, the chance of finding these bacteria/parasites is greatest when the sample has been correctly taken.

General Instructions

Preferably, you collect your urine or smear for STD testing directly at one of the branches of Medical Laboratory Services. The urine and/or the smear may only be collected at home if there is no other option.

Urine Collection Instructions

- It is important for the examination to collect the first stream of urine;
- To collect the urine, the first bit of urine (minimum 10 ml) must be urinated into the container;
- The rest of the urine has to be urinated into the toilet;
- Write your name and date of birth on the sticker on the container;
- State the time and date of urination on the urine container;

Instructions for taking a vaginal smear

- Please note: if you have your menstrual period, you should postpone the vaginal smear until after the menstrual period;
- There is liquid in the tube. This one should stay in it. **Do not remove.**
- Before collection, wash your hands well with soap and water and dry your hands well;
- Carefully open the package and take the swab stick above the red stripe on the side without the swab.
- Remove the pink E-swab tube and the swab stick from the swab package;



Collection for STD-test

- Take a comfortable position, sitting or standing similar to inserting a tampon. Insert the swab stick about 3 cm into the vagina and rotate it for 5-10 seconds around the vaginal wall.
- Remove the swab stick from the vagina;
- Unscrew the cap from the tube while holding the swab stick;
- Insert the swab stick with the swab downwards into the tube until it touches the bottom;
- Break off the stick at the notch at the level of the red line and leave the swab stick in the tube;
- Tighten the cap well;
- Wash your hands;
- Write your name, date of birth, collection date and time and the word 'vagina' on the tube;
- Always take into account the opening hours of our main branch or the other branches of Laboratorio di Servizio.

Instructions for taking an anus/rectal smear

- There is liquid in the tube. This should be stay in it. **Do not remove.**
- Before collection, wash your hands well with soap and water and dry your hands well;
- Carefully open the package and take the swab stick above the red stripe on the side without the swab.
- Remove the pink E-swab tube and the swab from the packaging.
- Take a comfortable position, sitting or standing. Insert the swab stick about 3 cm into the anus and rotate it for 5-10 seconds along the rectal wall.
- Unscrew the cap from the tube while holding the swab stick;
- Insert the swab stick with the swab downwards into the tube until it touches the bottom;
- Break off the stick at the notch at the level of the red line and leave the swab stick in the tube;
- Tighten the cap well;
- Wash your hands;
- Write your name, date of birth, collection date and time and the word 'anus' on the tube;
- Always take into account the opening hours of our main branch or the other branches of Medical Laboratory Services.



Collection for STD-test

Handing in urine and/or smear

Please note: depending on the requested examination, you may have to submit urine as well as a vaginal or anus swab. The application form obtained from the physician must be handed in together with the material, together with a valid ID-card. This must be handed in, in a brown paper bag at our main branch (Santa Rosaweg 7, Willemstad, Curaçao) before 3 p.m. or before closing time at one of the Medical Laboratory Services branches closest to your home (see www.mlscuracao.com).

Appointment

You do not need to make an appointment for this examination.

PAY ATTENTION! It is very important that your name, date of birth, collection date/time and material be noted on the container and/or tube(s) and that these are handed in to an employee of Medical Laboratory Services. If the patient submits a urine container/E-swab without all this information, the material will not be accepted and the sampling must be repeated.

Result

The results of the examination will be sent to the physician within 1 working day.

More information

If you still have questions after reading this folder, please do not hesitate to contact the laboratory on telephone number +599 9 736 8455.